



Our Lady Help of Christians

Twenty-Ninth Sunday in Ordinary Time

18th October, 2026

Rev. Canon Harry Curtis, Parish Priest

(Also serving Sacred Heart, Blackbird Leys)

Parish Secretary (also Giving and Gift Aid): Geraldine Griffin

The Presbytery, 59 Hollow Way, Cowley, Oxford, OX4 2ND.

Telephone: 01865 770 910 Email: olhoc.oxford@rcaob.org.uk

Website: www.olhoccowley.co.uk (a copy of this newsletter can be found on our website)

This church live streams Mass and other events. Please see notice in church porch for more details.

Livestreaming: <https://www.mcn.live/Camera/our-lady-help-of-christians>

Sunday, 18 th October Twenty-Ninth Sunday in Ordinary Time World Mission Sunday	5.30 pm Saturday Vigil Mass for Sunday 7.45 am Office of Readings & Morning Prayer (8.45 am Syro-Malabar Community Mass) (9.00 am Mass at Sacred Heart) 11.00 am Mass (6.00 pm Mass at Sacred Heart)	Asha Gill (Get Well) Private Intention Cecilia Michael Zegen Liam Rodrigues The People of the Parish
Monday, 19 th October Memorial of St. Frideswide, Abbess, Patroness of the City and University of Oxford	7.00 am Mass 8.00 am Office of Readings and Morning Prayer	Nalini (Birthday)
Tuesday, 20 th October	8.00 am Office of Readings and Morning Prayer 9.15 am Mass	Pope Leo XIV (Get Well)
Wednesday, 21 st October	No Public Mass Today	Shaheen Joshi (Birthday)
Thursday, 22 nd October Op. Mem. of St. John Paul II, Pope	8.00 am Office of Readings and Morning Prayer (7.00 pm Mass at Sacred Heart)	Alexander McVeigh
Friday, 23 rd October Optional Memorial of St. John of Capistrano	8.00 am Office of Readings and Morning Prayer 10.00 am Baptism 6.00 pm Exposition and Benediction 7.00 pm Mass	Grace Christina Fraga Pereira The Souls in Purgatory
Saturday, 24 th October Optional Memorial of St. Anthony Mary Claret	8.00 am Office of Readings and Morning Prayer (10.00 am Mass at Sacred Heart) 1.00 pm Mass for the Sick 5.30 pm Vigil Mass for Sunday	Bernadette Nolan The Sick of the Parish Patrick Bailey
Sunday, 25 th October Thirtieth Sunday in Ordinary Time	7.45 am Office of Readings & Morning Prayer (8.45 am Syro-Malabar Community Mass) (9.00 am Mass at Sacred Heart) 11.00 am Mass 2.00 pm Baptism (6.00 pm Mass at Sacred Heart)	Private Intention Madalena's Intentions The People of the Parish Leonardo Solgiu Special Intention

Confessions: Friday, 6.00 – 6.45 pm (and at Sacred Heart, Thursday, 6.00 – 6.45 pm, and Saturday, 10.30 – 11.30 am).

Saturday 5.30 pm Eucharistic Ministers	Sunday 11.00 am Eucharistic Ministers		Saturday 5.30 pm Readers	Sunday 11.00 am Readers
Nora	Jane and Anne	This Weekend	Henry	John
Zoja	Rachel and Michelle	Next Weekend	Naomi	Michelle

Welcome to Mass at Our Lady's today, especially if you are new to our parish or just visiting.

World Mission Sunday. Today Pope Leo invites all Catholics to contribute to a special second collection for Missio, his official charity for overseas mission. He has written this prayer to mark the 100th anniversary of World Mission Sunday:

Holy Father, make us one in Christ, rooted in his love that unites and renews. May all members of the Church be united in mission, docile to the Holy Spirit, courageous in bearing witness to the Gospel, proclaiming and embodying daily your faithful love for all creatures. Bless all missionary men and women, support them in their efforts, and watch over them in hope! Mary, Queen of Missions, accompany our work of evangelization in every corner of the earth: make us instruments of peace, and grant that the whole world may recognise in Christ the light that saves. Amen.

Our Lady Help of Christians Parish is part of the Archdiocese of Birmingham: Registered Charity Number: 234216

To see the Diocesan Privacy Notice go to <https://www.birminghamdiocese.org.uk/privacy-policy>

*Our Parish Prayer: Help us, Lord, to receive you with an open heart this day.
May our community receive your grace and deepen its faith in you.
Make us lights to shine forth with your love, giving life and hope to those who have fallen away
or who have never known you. Amen.*

We are a parish with a clear identity and purpose: to be a Catholic community, formed by the Holy Spirit in the name of Jesus, for the glory and praise of God the Father and the service of His Kingdom, and also for the mutual building up and support of its members. The core message that we feel called to live is contained in Jesus' words:

I have come that they may have life, and have it to the full. (John 10:10)

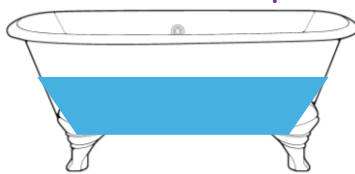
Please pray for the sick, especially: Pope Leo XIV, Bridie Barry, Claire French, Jean Carpenter, Mary Cross, Sheila Cuddy, Maggie Durkin, Tony Davis, John Hudgell, Pat Walsh, Doreen Teagle, Mary Barry, Mary Cairns, Dantas Luis Galucho Rosa, Lisa Birch, Inna, Julio Madeira Cabral Soares, Thomas Durkin, Bogumila (Gina) Dybalski and Asha Gill.

Please pray for Joe and Charlie Healy, Gloria Katipunan, Rosamma Mathew, Ventura Isaias de Araujo Doyle Pacheco, Kathleen Motherway and all who have died recently, and those whose anniversaries fall this week: Frs. Aidan White-Spunner, Thomas Burbage and John Murray, Sr. Helen Carey FMA, and also Margaret Hodson, Johnny Evans, William (Bill) Barber, Marianna Slezak, George Sykes, Michael Grant, Mary Lillis, Bernadette Gavin, Alexander McVeigh, Joseph Patrick McGarry, Bernadette Nolan and Seamus Doherty. May they rest in peace.

**The Sanctuary Candle is burning this week for Martin Jennings RIP.
The Sacred Heart Candle is burning this week for Nalini's Intentions.
Our Lady's Candle is burning this week for the Griffen Family.**

Our Lady Help of Christians Parish operates in accordance with Statutory Safeguarding Guidance and the National and Archdiocesan policies and procedures at all times. Our Parish Safeguarding Representative is Andres Guerrero who can be contacted at sg.olhoc.oxford@rcaob.org.uk or the Diocesan Safeguarding team can be contacted on 0121 230 6240 or safeguarding@rcaob.org.uk if you have any concern.

Please help to empty our bath!



Will you help to get the level in our overdraft bath down, please? Donations can be given to me or made on either of the contactless machines - one

near the piety shop at the back of the church, or a second one in the hall - using the "Parish Overdraft Fund" option (and please Gift Aid if you are eligible). Thank you.

Parish Mass for the Sick. Next Saturday, 24th October at 1.00 pm we shall have a special Mass for those who are ill, with the Sacrament of the Anointing of the Sick. All welcome.



Helpers required, to serve tea/coffee after the Mass for the Sick next Saturday, please. If you can help, let me know.

A Massive Thank You, to Debbie and her family for mending the carpark fence. It looks magnificent and I am very grateful to them.

St. Carlo Acutis Youth Group. Dear children and parents! We are planning to resume our Youth Group meetings and would love to hear your ideas about the activities you would enjoy. Please complete a short questionnaire available in the Don Bosco Centre and in the porch. Thank you.

Congratulations to Bishop Timothy Menezies, one of the assistant Bishops in this Diocese. It was announced this week that Bishop Timothy has been appointed as the new Bishop of Brentwood. Please pray for him and for everyone in his new Diocese.

Missio Red Boxes. If you have a Red Box at home, please bring it to the church for emptying by 8th November.

Parish Fundraising Event. Bingo, with soup and a roll, in the Don Bosco Centre after the 5.30 pm Saturday Mass this weekend. All welcome.

November is approaching, and it is the month when we traditionally pray for those who have died:

- **Mass for the Deceased Clergy of North Oxford Deanery.** Every year the clergy of North Oxford celebrate Mass together for their deceased brothers. You are welcome to join us to pray for your priests. Tuesday, 10th November, 12.30 pm, at Corpus Christi church.
- **Blessing of Graves at Rose Hill** on Sunday, 8th November. Meet at the cemetery Chapel at 3.00 pm.
- **November Prayers for the Dead.** Next week there will be memorial slips available to write the names of those for whom you wish to pray during November.
- **Parish Memorial Mass for those in the parish who have died,** especially those whose funerals have been held here during the past year, on Saturday, 14th November, 11.00 am. If you would like anyone's name to be included in this special commemoration, please let me know (in writing).
- **Remembrance Sunday.** Sunday, 8th November, will be Remembrance Sunday when we remember and pray for those who have died in past and present wars. We shall have a short service after each Mass to lay a wreath at the foot of the cross and pray for those who have died and for peace.



The clocks change next Saturday night/Sunday morning. Don't forget to get your extra hour in bed.

Tailpiece: A couple were in church one Sunday when the preacher noticed that the husband had fallen asleep. He said sharply to the wife, "Wake your husband up!" The wife replied, "You put him to sleep, Father; you wake him up!"

**May God bless you and all those whom you love.
Fr. Harry**