



Our Lady Help of Christians

Twelfth Sunday in Ordinary Time

21st June, 2026

Rev. Canon Harry Curtis, Parish Priest

(Also serving Sacred Heart, Blackbird Leys)

Parish Secretary (also Giving and Gift Aid): Geraldine Griffin

The Presbytery, 59 Hollow Way, Cowley, Oxford, OX4 2ND.

Telephone: 01865 770 910 Email: olhoc.oxford@rcaob.org.uk

Website: www.olhoccowley.co.uk (a copy of this newsletter can be found on our website)

This church live streams Mass and other events. Please see notice in church porch for more details.

Livestreaming: <https://www.mcn.live/Camera/our-lady-help-of-christians>

Sunday, 21 st June Twelfth Sunday in Ordinary Time	5.30 pm Saturday Vigil Mass for Sunday 7.45 am Office of Readings & Morning Prayer 8.45 am Syro-Malabar Community Mass (9.00 am Mass at Sacred Heart) 11.00 am Mass (6.00 pm Mass at Sacred Heart)	Nancy Lyons (Anniversary) Private Intention Cecilia Michael Marjorie Chungtuyco (Birthday) Marion Mwangi (Anniv.) and Dec'd family Members
Monday, 22 nd June Feast of St. John Fisher & St. Thomas More, Martyrs	7.00 am Mass 8.00 am Office of Readings & Morning Prayer	The People of the Parish
Tuesday, 23 rd June Op. Mem. of St. Etheldreda (Audrey), Abbess	8.00 am Office of Readings & Morning Prayer 9.15 am Mass	Azad and Ruth (Wedding Anniv.)
Wednesday, 24 th June Solemnity of the Birth of St. John the Baptist	8.00 am Office of Readings & Morning Prayer (10.00 am Mass at St. John Fisher School)	Antonietta Aprea (Get Well)
Thursday, 25 th June	8.00 am Office of Readings & Morning Prayer (7.00 pm Mass at Sacred Heart)	Nancy McDonnell
Friday, 26 th June	8.00 am Office of Readings & Morning Prayer 6.00 pm Exposition and Benediction 7.00 pm Mass	Souls in Purgatory
Saturday, 27 th June Op. Memorial of St. Cyril of Alexandria	8.00 am Office of Readings & Morning Prayer 10.00 am Confirmation Mass 5.30 pm Vigil Mass for Sunday	Frank B. Kamugisha Jose Goncalves
Sunday, 28 th June Solemnity of St. Peter & St. Paul, Apostles	7.45 am Office of Readings & Morning Prayer 8.45 am Syro-Malabar Community Mass (9.00 am Mass at Sacred Heart) 11.00 am Mass (6.00 pm Mass at Sacred Heart)	Private Intention Luis G.A.M Da Silva & Luisa Da Silva Nicky Clarke The People of the Parish
Confessions: Friday, 6.00 – 6.45 pm (and at Sacred Heart on Thursday, 6.00 – 6.45 pm).		

Saturday 5.30 pm Eucharistic Ministers	Sunday 11.00 am Eucharistic Ministers		Saturday 5.30 pm Readers	Sunday 11.00 am Readers
Josie	Robin and Asha	This Weekend	Fallon	John
Maureen	Jane and Anne	Next Weekend	Shanthi	Guisilla

Welcome to Mass at Our Lady's today, especially if you are new to our parish or just visiting.

Happy Father's Day today to all Dads

We are a parish with a clear identity and purpose: to be a Catholic community, formed by the Holy Spirit in the name of Jesus, for the glory and praise of God the Father and the service of His Kingdom, and also for the mutual building up and support of its members. The core message that we feel called to live is contained in Jesus' words:

I have come that they may have life, and have it to the full. (John 10:10)

Our Lady Help of Christians Parish is part of the Archdiocese of Birmingham: Registered Charity Number: 234216

To see the Diocesan Privacy Notice go to <https://www.birminghamdiocese.org.uk/privacy-policy>

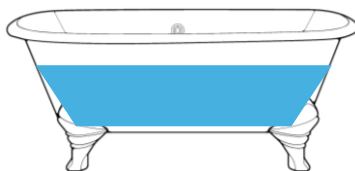
*Our Parish Prayer: Help us, Lord, to receive you with an open heart this day.
May our community receive your grace and deepen its faith in you.
Make us lights to shine forth with your love, giving life and hope to those who have fallen away
or who have never known you. Amen.*

Please pray for the sick, especially: Bridie Barry, Josie Griffiths, Claire French, Jean Carpenter, Terry Jackson, Mary Cross, Inna, Sheila Cuddy, Maggie Durkin, Tony Davis, John Hudgell, Pat Walsh, Doreen Teagle, Mary Barry, Mary Cairns, Lisa Birch, Dantas Luis Galucho Rosa and Julio Madeira Cabral Soares.

Please pray for Adrian Gaughan and all those who have died recently, and for those whose anniversaries occur at this time: Mgr. Peter Stonier, Frs. Geoffrey Tucker, Bernard Garratt, John Bradley and George Grynowski, Deacons William Baines and Ralph Watkins, and also Peggy Doherty, Patrick White, Peter Rhodes, Pearl Flanagan, Bridget White, Maddalena Puma, Thomas Martin Ghee, Ron Jones, Cora Proctor, Nancy McDonnell and Olivia Frances Ludbrook. May they rest in peace.

**The Sacred Heart Candle is burning this week for Emma (Intentions).
The flowers this week are sponsored in memory of Marjorie Chungtuyco (Birthday).**

Our Lady Help of Christians Parish operates in accordance with Statutory Safeguarding Guidance and the National and Archdioceses policies and procedures at all times. Our Parish Safeguarding Representative is Andres Guerrero who can be contacted at sg.olhoc.oxford@rcaob.org.uk or the Diocesan Safeguarding team can be contacted on 0121 230 6240 or safeguarding@rcaob.org.uk if you have any concern.



**Please help to
empty our bath!**

Thanks to your generosity,
the level in our overdraft
bath is going down, but it is

still very full. Will you help to empty it, please?

Day for Life. This Sunday, 21st June, we mark the Day for Life under the theme “The Wonder of the Child in the Womb.” The theme also recognises the loss of children who died before birth and the grief of their parents. The bishops’ message and prayers can be found on the Day for Life website: www.dayforlife.org. The second collection will go towards the Day for Life Fund. You can also donate online via the Day for Life website.

Next Sunday we shall celebrate the (transferred) Solemnity of St. Peter and St. Paul. There will be a Second Collection at Masses next Sunday for Peter’s Pence, our national gift as Catholics to the Pope to assist his apostolic work.

Happy Anniversary to St. John Fisher Primary School. SJF will celebrate its 60th Anniversary this week. A special Mass will be celebrated in the school on Wednesday, 24th June, at 10.00 am, by Bishop Richard.



St. Carlo Acutis Youth Group. Next weekend there will be a “Summer Event” in the Don Bosco Centre, and you are invited to come for a delicious and creative weekend. If you are able to donate any prizes that could be used for our raffles, we would greatly appreciate it. Please bring any donations by 27th June. Thank you in advance for your generosity.

Ordinations. Please pray for a local man, Deacon Jonathan Henry from St. Anthony’s Parish in Headington, who will be ordained a priest in St. Chad’s Cathedral on Saturday, 4th July, and for Deacon Jithin Titto who will be ordained on 6th July and for Deacon Tenny Antony who will be ordained on 10th July. May God bless them all.

Garden Party at Newman’s College on Saturday, 4th July 3.00-5.00 pm. This is a fundraiser to support the mission of the Sisters of The Work at Newman’s College. Enjoy an afternoon in the beautiful garden with a cup of tea, homemade cakes, ice cream, various stalls and live music played by a string quartet. For more information please contact the Sisters on 01865 779743 or littlemore@newman-friends.org.

Stella Maris (formerly called Apostleship of the Sea) is seeking one volunteer from this parish please to help with Sea Sunday (which falls on 11/12 July this year). This is the day when the Church prays for seafarers, fishers and their families, and takes a second collection to support the work of Stella Maris. The volunteer will read out the appeal (which Stella Maris will provide) at Masses that weekend. If you can do this, contact roland.hayes@stellamarismail.org

Confirmations. Bishop Richard will be here at Our Lady’s at 10.00 am this Saturday, 27th June, to celebrate the Sacrament of Confirmation. Please pray for all those preparing for this special time.

Tailpiece: A man was coming home from the pub one Sunday afternoon, rather the worse for wear, when he noticed a Baptismal service going on in the river, so he stumbled down into the water and stood next to the Minister. The Minister turned, noticed him and said, “Brother, are you ready to find Jesus?” The man looked back and said, “Yes sir, I am.” The Minister then took him by the neck, dunked him under the water and pulled him right back up. “Have you found Jesus?” the Minister asked. “No, I didn’t!” said the man. The Minister dunked him under again, this time for quite a bit longer, brought him up and said, “Now brother, have you found Jesus?” “No, I did not!” said the man again. Disgusted, the Minister held him under again, for at least 30 seconds this time, lifted him up and demanded, “For the love of God, have you found Jesus yet?!” The man wiped his eyes and pleaded, “Are you sure this is where He fell in?”

May God bless you and all those whom you love.
Fr. Harry