

Our Lady Help of Christians

Palm Sunday of the Passion of the Lord and Holy Week 24th March, 2024

Fr. Harry Curtis, Parish Priest (Also serving Sacred Heart, Blackbird Leys)

Parish Secretary (also Giving and Gift Aid): Geraldine Griffin Safeguarding Officer: Elizabeth Moran, sg.olhoc.oxford@rcaob.org.uk

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Website: www.olhoccowley.co.uk (a copy of this newsletter can be found on our website)
Our Lady Help of Christians Parish operates in accordance with Statutory Safeguarding Guidance and the
National and Archdioceses policies and procedures at all times. Our Parish Safeguarding Representative is
Elizabeth Moran who can be contacted at sg.olhoc.oxford@rcaob.org.uk or the Diocesan Safeguarding
team can be contacted on 0121 230 6240 or safeguarding@rcaob.org.uk if you have any concern.

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Sunday, 24 th March	5.30 pm Saturday Vigil Mass	Joaquina Fatima da Costa & Delfin			
Palm Sunday of the Passion		Alves da Costa			
of the Lord	7.45 am Office of Readings & Morning Prayer				
Day of Prayer for Candidates for the	8.45 am Syro-Malabar Community Mass	Private Intention			
Sacraments	(9.00 am Mass at Sacred Heart)	Cecilia Michael			
	11.00 am Mass	Sr. Mary (Birthday)			
	(6.00 pm Mass at Sacred Heart)	Special Intention			
Monday, 25 th March	7.00 am Mass	Regina Mihailova			
	8.00 am Office of Readings & Morning Prayer				
Tuesday, 26 th March	No Public Mass Today	The People of the Parish			
Wednesday, 27 th March	No Public Mass Today	In Thanksgiving (Fr. Harry)			
Thursday, 28th March	8.00 am Office of Readings & Morning Prayer				
Maundy Thursday	10.00 am-11.00 am Confessions				
	THE EASTER	TRIDUUM			
	7.00 pm MASS OF THE LORD'S SUPPER John Brennan				
	After Mass the Blessed Sacrament will be taken in procession from the main altar in the				
	church to the Altar of Repose where there will be watching until 10.00 ps				
	"Can you not watch with me one hour?"				
Friday, 29 th March	10.00 am Office of Readings & Morning Prayer				
Good Friday	3.00 pm SOLEMN CELEBRATION OF THE LORD'S PASSION				
· ·	This is not a Mass, but a solemn celebration				
Today is a day of fasting and					
abstinence.	6.00 pm Stations of the Cross				
Saturday, 30 th March	10.00 am Office of Readings & Morning Prayer				
Holy Saturday	10.30 am-11.30 am Confessions				
Holy Suturally	Today we join Jesus in His "Sabbath Rest" in the tomb, until				
	8.00 pm THE EASTER VIGIL Gill Goddard and Richie Harris				
Sunday, 31st March	7.45 am Morning Prayer				
Easter Sunday	9.00 am Syro-Malabar Community Mass	Private Intention			
Lusici Sunauy	(9.00 am Mass at Sacred Heart)	John Cullen			
	11.00 am Mass	Winnie Gildea (Birthday)			

If you wish to join us from your home go to: https://www.mcn.live/Camera/our-lady-help-of-christians

Saturday 5.30 pm	Sunday 11.00 am		Saturday 5.30 pm	Sunday 11.00 am
Eucharistic Ministers	Eucharistic Ministers		Readers	Readers
Bernadette	Asha and Sandra	This Weekend	Fallon	Nalini
Maureen		Maundy Thursday	Naomi, John, and Ann	
Asha and Sandra		Good Friday	Fallon, Nalini, Sandra, John, and Ann	
Josie and Nora		Easter Vigil	Naomi, Maria, Fletcher, Shalvina, and Sr. Breda	
Mabel and Rachel		Easter Sunday	John and Nalini	

Welcome to Our Lady Help of Christians for our celebration of Mass. Today we begin Holy Week.

Holy Week is the greatest week in the Church's year, so please take part as much as you can. By taking part in the celebrations of the Liturgy we can enter into the events that happened about two thousand years ago. But we enter in, not as bystanders or casual observers but as believers, recognising our own part in what is unfolding, and also recognising the great things that God has done for us. We can share with Jesus His triumphant entry into Jerusalem on Palm Sunday, His special celebration of the Passover with His disciples at the Last Supper and then His agony and betrayal in the Garden on Maundy Thursday, all the horrible events of Good Friday, His "Sabbath Rest" on Holy Saturday, and thus we can truly share in His Resurrection on Easter Sunday.

Our Parish Prayer: Help us, Lord, to receive you with an open heart this day. May our community receive your grace and deepen its faith in you. Make us lights to shine forth with your love, giving life and hope to those who have fallen away or who have never known you. Amen.

Please pray for the sick, especially those we know: Keelin Trahearne, Claudino Serra Vaz, Claire French, John Pill, Aveen Kavanagh, Iris O'Brien, Doreen Cox, Betty Duff, Beatrice Upham, Thomas Gaughan, Jean Carpenter, Cheryl Jones and Inna.

Please pray for Amelia Roach who died recently, and all whose anniversaries are at this time: Bishops David McGough and Humphrey Bright, Mgr. Canon John Joseph Welch, Mgr. Francis Davis, Frs. John Joseph Donnelly, John McManus, Thomas Cockburn, Deacon Louis Joseph Livesey, and also Regina Mihailova, Coleman (Colm) Keady, Catherine Regan, Josie Bates, John Steele and Bridget (Breda) Keenan. May they rest in peace.

The Sacred Heart Candle is burning this week for Winnie Gildea (Birthday)

Today is Palm Sunday, the start of Holy Week

Wednesday: The Chrism Mass. The Archbishop will celebrate the Chrism Mass at 11.30 am on Wednesday morning in St. Chad's Cathedral. The Chrism Mass is the occasion when the Holy Oils are blessed. It is also the occasion when the priests of the diocese renew their commitment of service to God and the Church. Chrism Mass, live streamed from St Chad's Cathedral | Birmingham Diocesan Trust (birminghamdiocese.org.uk)



Maundy Thursday: The Mass of the Lord's Supper at



7.00 pm on Maundy Thursday evening is the end of Lent and the start of the Easter Triduum. At this Mass we celebrate the institution of the Sacraments of the Eucharist and the Priesthood.

Watching at the Altar of Repose. When the Mass of the Last Supper ends we shall go to the Altar of Repose and keep watch with Jesus, remembering His Agony in the Garden and His acceptance of His Father's will.



Good Friday: On Good Friday there is no Mass, but at 3.00 pm in the afternoon, the hour at which our Lord died, there is a "Solemn Celebration" of the Passion of our Lord.

Holy Saturday: We do not celebrate Mass on Holy Saturday, the Lord's Day of Rest in the tomb, but in the evening at 8.00 pm we begin our Easter celebrations with the Easter Vigil, the greatest event in the Church's year.



The Solemnity of the Annunciation. Because 25th March this year falls in Holy Week, the Annunciation will be deferred and will be celebrated after Easter.

My Day By Day booklets for Easter are available (£1) at the back of church.

Easter Flowers. There will be a retiring collection this weekend towards the cost of the flowers that will adorn our church for the coming celebration of Easter.

Eucharistic Ministers will be re-commissioned during the Mass of the Last Supper on Maundy Thursday.

The collection on Good Friday is for the Holy Places – i.e. for the upkeep of the sites in the Holy Land associated with the life of Our Lord.

Traditionally the collection at the Easter Masses is your personal offering to your priest. There are envelopes at the back of church <u>if you wish</u>. Thank you.

Welcome to Fr. Martin Flatman. I am very grateful to Fr. Martin who will be at Sacred Heart on Friday and Saturday, while I am here. On Maundy Thursday I shall be at Sacred Heart and Fr. Martin will be here.

Easter Triduum. There is a list on the table at the back of church for people to sign up for various roles at the services of Maundy Thursday, Good Friday, and Holy Saturday. Please don't be shy.

Opposing the decriminalisation of abortion. The government's flagship Criminal Justice Bill has two important amendments that could fundamentally change our laws on abortion. You can write to your local MP to make your voice heard on this important issue. (Preprinted cards are available on the table if you want them).

May God bless you and all who are dear to you. Fr. Harry