



Our Lady Help of Christians

Eighteenth Sunday in Ordinary Time

31st July, 2022

Fr. Harry Curtis, Parish Priest

(Also serving Sacred Heart, Blackbird Leys)

Parish Secretary: Geraldine Griffin

Safeguarding Officer: Elizabeth Moran, sg.olhoc.oxford@rcaob.org.uk

The Presbytery, 59 Hollow Way, Cowley, Oxford, OX4 2ND.

Telephone: 01865 770 910 (Our Lady's and Sacred Heart)

Email: olhoc.oxford@rcaob.org.uk Website: www.olhocowley.co.uk

Sunday, 31 st July Eighteenth Sunday in Ordinary Time	Saturday Evening Vigil: 5.30 pm <i>(9.00 am Mass at Sacred Heart)</i> 11.00 am Mass <i>(6.00 pm Mass at Sacred Heart)</i>	Anne D'Souza Cecilia Michael John White (Anniversary) Antonio M da Silva & Rose M da Silva
Monday, 1 st August <i>Memorial of St. Alphonsus Mary de'Liguori, Bishop</i>	<i>8.00 am Office of Readings & Morning Prayer</i> <i>(9.15 am Mass at Sacred Heart)</i>	Natalie (Intention for Good Health)
Tuesday, 2 nd August <i>Optional Memorials of St. Eusebius of Vercelli, Bishop, or St. Peter Julian Eymard, Priest</i>	<i>8.00 am Office of Readings & Morning Prayer</i> <i>9.15 am Mass</i>	Emmi Egbuonu
Wednesday, 3 rd August	<i>No Public Mass Today</i>	<i>Dec'd Members of the O'Dwyer Family</i>
Thursday, 4 th August <i>Memorial of St. John Mary Vianney, Priest</i>	<i>(7.00 pm Mass at Sacred Heart)</i>	Brian Nolan
Friday, 5 th August <i>Op. Memorial of the Dedication of the Basilica of St. Mary Major</i>	<i>8.00 am Office of Readings & Morning Prayer</i> 11.30 am Mass for the 150th Anniversary of the Salesian Sisters <i>6.00 pm Exposition & Benediction</i> <i>7.00 pm Mass</i>	<i>In Thanksgiving</i> Virginia Philips
Saturday, 6 th August <i>Feast of the Transfiguration of the Lord</i>	Saturday Evening Vigil: 5.30 pm	<i>The People of the Parish</i>
Sunday, 7 th August Nineteenth Sunday in Ordinary Time	<i>7.45 am Office of Readings & Morning Prayer</i> <i>(9.00 am Mass at Sacred Heart)</i> 11.00 am Mass <i>(6.00 pm Mass at Sacred Heart)</i>	Michael Cullen Norah Chavagnon Mary and James Doyle
Sacrament of Reconciliation: Friday, 6.00 – 6.45 pm		

Welcome to Our Lady Help of Christians for Mass today.

Congratulations to the Salesian Sisters of St. John Bosco who will be celebrating the 150th Anniversary of their foundation on Friday. There will be a Mass of Thanksgiving at 11.30 am.

It will also be an opportunity to celebrate the Diamond Jubilees of Sr. Agnes McGuinness and Sr. Elizabeth O'Donnell FMA.

If you wish to join us for Mass from your home, we are live and can be viewed at

<https://www.mcnmedia.tv/camera/our-lady-help-of-christians>

Here is a prayer, an Act of Spiritual Communion, which you can say as you watch a Livestream Mass:

“My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.”

Prayer Before Mass:

God our Father, you sent Jesus, our High Priest, to redeem us and you willed that His saving work should continue through the ministry of priests. Enlighten us to celebrate this Sunday Mass with our priest, so that, empowered by the Word of life and the Eucharist, we may be strengthened by the Holy Spirit to live to the full our Christian calling. We ask this through the same Christ our Lord. Amen.

Prayer at the end of Mass:

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! *Pray for us, O holy Mother of God,* that we may be made worthy of the promises of Christ.

**The Sanctuary Candle is burning this week for a Special Intention.
St. Don Bosco's Candle is burning this week for the Sisters of Elmthorpe Convent.**

Prayers for the Sick. Please pray for Brenda O'Meara, Claudino Serra Vaz, Kevin and Hilary Kirby, Phil Bawden, David and all those we know who are sick.

Please pray for the souls of Norah Chavagnon, Colin Mold, Duarte Coito, Fr. George Grynowski, Gerald Amantrading, and all who have died recently, and all whose anniversaries occur around this time: Canon Arthur Diamond, Frs. Richard Philip Lynch CO, David Ford, Cuthbert Brown, James Gough, and Deacon John Leach, and also Douglas Rothery, Nora Griffin, John White, John (Sean) O'Meara and John Hennigan. Eternal rest grant unto them, O Lord. May they rest in peace.

COVID. *Thank you to everyone for your kindness while I was isolating with Covid. I am now testing negative (it's a strange world where something negative is now good and positive is bad!) It is nice to be back celebrating Mass with you again.*

Parish Day Trip to Bournemouth.

We had a lovely day out last Tuesday and it has encouraged me to consider other outings in the future. Thank you to everyone who supported the trip this time, and I should like to hear from people if they would be interested in future outings.

The Relics of St. Bernadette. Over the weekend of October 7th – 10th the relics of St. Bernadette, to whom Our Lady appeared in Lourdes in 1858, will be visiting the Archdiocese. They will be in Immaculate Conception, Bicester, St. Chad's Cathedral in Birmingham, and Our Lady of Lourdes, Hednesford. This is an opportunity to pray in the presence of the relics of this remarkable woman and draw close to Our Lady. Further details will be available nearer the time.

Novena for the Canonisation of Blessed Dominic Barberi. Thursday 18th August marks the beginning of the Diocesan Novena to pray for the Canonisation of Blessed Dominic Barberi. The Novena of Prayer lasts for nine days and concludes on his feast day on Friday 26th August. The annual Novena of Prayer for the Cause of Blessed Dominic Barberi is a moment to pause and to appreciate the work of this holy Passionist in our Archdiocese and to pray for his Canonisation.

A Message from the Archbishop.

An independent review undertaken by the charity Barnardo's on behalf of the Archdiocese of Birmingham in relation to the management of concerns about Joseph Quigley, a priest in the Archdiocese, is now available on the Diocesan website: www.birminghamdiocese.org.uk. The Trustees of the Archdiocese of Birmingham have accepted this review and its 18 recommendations in full and you can also see the full response on the website. As an institution it is for the present Bishops and Trustees to take corporate responsibility, to apologise, learn and ensure best safeguarding practice now and in the future. There has been a significant amount of positive change in Diocesan safeguarding practice. However, these recommendations will help inform ongoing learning and improvement within the Archdiocese.

Pro-Life Pilgrimage to Walsingham on Saturday, 6th August. The Pro-Life Pilgrimage to Walsingham is the annual pilgrimage of reparation and prayer for the Sanctity of Life. Walsingham is a powerful and peaceful place to pray for the end of the hurt and pain of abortion, and to ask for God's healing. And it is a wonderful experience to go with others and make friends in the process. For more details and to book a place (£15), visit www.bit.do/ppoxford. Any questions, contact Amira/Ed at ox.prolife@gmail.com

Pope's Prayer Intention for August: For small businesses. We pray for small and medium-sized businesses; in the midst of economic and social crisis, may they find ways to continue operating and serving their communities.

Remember: refreshments are available after the Sunday and Tuesday Masses. Come and have a chat with friends and make new ones.

Tailpiece: I have been given a few odd announcements that have appeared in church newsletters from time to time. Here are a couple that amused me:

"For those who are parents and don't know it, there is a nursery in the room under the church."

More ominous than that is: ***"Don't let worry kill you – let the Church help!"***

**May God bless you and all those whom you love.
Fr. Harry**