



# Our Lady Help of Christians

Sixteenth Sunday in Ordinary Time

17<sup>th</sup> July, 2022

Fr. Harry Curtis, Parish Priest

(Also serving Sacred Heart, Blackbird Leys)

Parish Secretary: Geraldine Griffin

Safeguarding Officer: Elizabeth Moran, [sg.olhoc.oxford@rcaob.org.uk](mailto:sg.olhoc.oxford@rcaob.org.uk)

The Presbytery, 59 Hollow Way, Cowley, Oxford, OX4 2ND.

Telephone: 01865 770 910 (Our Lady's and Sacred Heart)

Email: [olhoc.oxford@rcaob.org.uk](mailto:olhoc.oxford@rcaob.org.uk) Website: [www.olhocowley.co.uk](http://www.olhocowley.co.uk)

Sunday, 17 <sup>th</sup> July <b>Sixteenth Sunday in Ordinary Time</b>	(9.00 am Mass at Sacred Heart) 9.00 am Syro-Malabar Community Mass <b>11.00 am Mass</b> (6.00 pm Mass at Sacred Heart)	Jim McGuire  Danny Lyons (Anniversary) Forgotten Souls
Monday, 18 <sup>th</sup> July	No Public Mass Today	Doyle and Ross Family
Tuesday, 19 <sup>th</sup> July	No Public Mass Today	Special Intention
Wednesday, 20 <sup>th</sup> July <i>Op. Mem. of St. Apollinaris, Martyr</i>	No Public Mass Today	Fr. David Lloyd (JA)
Thursday, 21 <sup>st</sup> July <i>Op. Mem. of St. Lawrence of Brindisi, Doctor of the Church</i>	No Public Mass Today	Denis McVeigh
Friday, 22 <sup>nd</sup> July <i>Feast of St. Mary Magdalene</i>	No Public Mass Today	Camilo & Maria D'Souza (Wedding Anniversary)
Saturday, 23 <sup>rd</sup> July <i>Feast of St. Bridget of Sweden, Patron of Europe</i>	<b>Vigil Mass: 5.30 pm</b>	Special Intention
Sunday, 24 <sup>th</sup> July <b>Seventeenth Sunday in Ordinary Time</b>	7.45 am Office of Readings & Morning Prayer (9.00 am Mass at Sacred Heart) <b>11.00 am Mass</b> (6.00 pm Mass at Sacred Heart)	Blair Family Tarla Bianco Fonseca The People of the Parish

**Welcome to Our Lady Help of Christians for Mass today.**

**Hot weather.** In the present heatwave we are told to keep well hydrated. If you feel the need, please help yourself to water from the tables around the church.

**Please note:** for reasons beyond my control (see below) there will be no weekday public Masses at Our Lady's or Sacred Heart this week and no Confessions. I shall celebrate Mass privately and offer the intentions that have been requested.

**Please pray for the souls of Sr. Rose Cavanagh FMA, Bridget Cherry, Robert Jackson, Colin Mold, Duarte Coito, Fr. George Grynowski** and all who have died recently, and all those whose anniversaries occur around this time: Mgr. Peter Joseph Ryall, Canon Laurence Kelly, Frs. Arthur Warburton, Philip Cleary, Liam Peter O'Connor, Thomas Rock and Albert Leo Kelly and also Catherine (Angie) Aveyard, James McCormack, Danny Lyons and Margaret McHugh. Eternal rest grant unto them, O Lord. May they rest in peace.

**If you wish to join us for Mass from your home, we are live and can be viewed at**

<https://www.mcnmedia.tv/camera/our-lady-help-of-christians>

Here is a prayer, an **Act of Spiritual Communion**, which you can say as you watch a Livestream Mass:

*"My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You."*

**Prayer Before Mass:**

God our Father, you sent Jesus, our High Priest, to redeem us and you willed that His saving work should continue through the ministry of priests. Enlighten us to celebrate this Sunday Mass with our priest, so that, empowered by the Word of life and the Eucharist, we may be strengthened by the Holy Spirit to live to the full our Christian calling. We ask this through the same Christ our Lord. Amen.

Our Lady Help of Christians Parish is part of the Archdiocese of Birmingham: Registered Charity Number: 234216

To see the Diocesan Privacy Notice go to <https://www.birminghamdiocese.org.uk/privacy-policy>

### Prayer at the end of Mass:

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! *Pray for us, O holy Mother of God*, that we may be made worthy of the promises of Christ.

**The Sanctuary Candle is burning this week for Mothers whose sons are priests.  
The Sacred Heart Candle is burning this week for Bridie Barry (Intentions).**

**Prayers for the Sick.** Please pray for Brenda O'Meara, Claudino Serra Vaz, Kevin and Hilary Kirby, Phil Bawden, David and all those we know who are sick.

**COVID.** *I thought it was only a matter of time before theurgy got me and I am sorry to say that I tested positive last Friday. That means that I cannot be around this weekend. Because of the uncertainty about when I shall be able to emerge from quarantine I have not put down any public Masses this week, either in Sacred Heart or in Our Lady's, but I hope that I shall be up and about again next weekend. I am feeling fine(-ish), but naturally I can't meet anyone for a few days.*

**Mill Hill Missionaries.** If I had to pick a weekend to get COVID I couldn't have done better than this one because a Priest is already booked to come and celebrate the Masses this weekend. Please welcome Fr. Brian Oswald from the Mill Hill Missionaries. He was already going to celebrate two of the Masses, and now he has kindly agreed to celebrate the two at Sacred Heart and the two at Our Lady's. He is here to thank everyone for the support that you give and he will also be appealing for supporters to help the work of missionaries.

**School Holidays:** As the schools close for the summer we wish children and staff an enjoyable and safe holiday.

**The Sower.** The latest edition of the Diocesan newsletter, *The Sower*, is available as you leave the church today. Please take your free copy and enjoy news from around the Diocese.

**Remember: refreshments are available after the Sunday and Tuesday Masses in the Don Bosco Centre. Come and have a chat with friends and make new ones.**

### A Message from the Youth service in the Diocese: **LIFETEEN SUMMER CAMP 2022, 24th-28th July.**

*Do you have your first week of the summer holidays planned? If not then please join us for 5 days of fun and activities where young Catholics gain formation and friendships. Stay in our beautiful castle! Home-cooked food, wild and crazy games. You can enjoy a day at Alton Towers, spend time biking and trekking, celebrate daily Mass and have the opportunity for reconciliation. This year we have archery, campfires and a surprise day trip to a secret location and so much more. An amazing opportunity for anyone aged 12-18 years! If you have any further questions and for prices and booking, please contact Beccy (becy.roseman@kenelmeyouthtrust.org.uk).*

### Would you like to join the parishioners of Sacred Heart on a Parish Day Trip to Bournemouth on Tuesday 26<sup>th</sup> July?



Leave Sacred Heart at 10.00 am and we should be back to Sacred Heart by 8.15 pm. There is a sign-up sheet in the church porch if you would like to come.

**Price: Adults £25, children £12.**

Great fun for all the family.

Besides seven miles of sandy beaches for you to enjoy there are also plenty of places to visit, whatever the weather. There are museums, galleries, amusement arcades, a climbing centre and beach-to-shore zip-wire, mini golf, play parks, and an oceanarium.

**Places are filling up, so if you wish to go please sign up this weekend. I should appreciate it if you could bring the payment next weekend.**

**Thank you.**

**The Relics of St. Bernadette.** Over the weekend of October 7<sup>th</sup> – 10<sup>th</sup> the relics of St. Bernadette, to whom Our Lady appeared in Lourdes in 1858, will be visiting the Archdiocese. They will be in Immaculate Conception, Bicester, St. Chad's Cathedral in Birmingham, and Our Lady of Lourdes, Hednesford. This is an opportunity to pray in the presence of the relics of this remarkable woman and draw close to Our Lady. Further details will be available nearer the time.

**Tailpiece:** A man was seen running wildly down the length of a train from compartment to compartment shouting, "Is there a Catholic priest on the train?" When he had reached the end he turned around and went back shouting, "Is there an Anglican vicar on board?" There was no response until he reached the very last compartment where a man stood up and said, "Well, I'm a Methodist minister. Can I be of any help?" "No, you're no use at all," replied the man. "I want to borrow a corkscrew!"

**May God bless you and all those whom you love.**

**Fr. Harry**