



Our Lady Help of Christians

Fifteenth Sunday in Ordinary Time

10th July, 2022

Fr. Harry Curtis, Parish Priest

(Also serving Sacred Heart, Blackbird Leys)

Parish Secretary: Geraldine Griffin

Safeguarding Officer: Elizabeth Moran, sg.olhoc.oxford@rcaob.org.uk

The Presbytery, 59 Hollow Way, Cowley, Oxford, OX4 2ND.

Telephone: 01865 770 910 (Our Lady's and Sacred Heart)

Email: olhoc.oxford@rcaob.org.uk; Website: www.olhoccowley.co.uk

Sunday, 10 th July Fifteenth Sunday in Ordinary Time <i>Sea Sunday</i>	Saturday Evening: 5.30 pm Vigil Mass Sunday Morning: 7.45 am Office of Readings & Morning Prayer (9.00 am Mass at Sacred Heart) 11.00 am Mass 4.00 pm Syro-Malabar Community Mass (6.00 pm Mass at Sacred Heart)	Patrick White RIP Mary Cronin (Get Well) Filomeno Da Cruz Martins The People of the Parish
Monday, 11 th July <i>Feast of St. Benedict</i> <i>Day of Prayer for Europe</i>	8.00 am Office of Readings & Morning Prayer (9.15 am Mass at Sacred Heart) 10.30 am Requiem Mass	Barney Conway Sr. Rose Cavanagh FMA
Tuesday, 12 th July	8.00 am Office of Readings & Morning Prayer 9.15 am Mass 12.00 noon Baptism	Teodorico D'Souza RIP (B'day) Jayden Juvinal Costa Pereira
Wednesday, 13 th July <i>Optional Memorial of St. Henry</i>	No Public Mass Today	Fr. John Burns
Thursday 14 th July <i>Op. Mem. of St. Camillus de Lellis</i>	(7.00 pm Mass at Sacred Heart)	Kathleen McGarry
Friday, 15 th July <i>Memorial of St. Bonaventure, Bishop, Doctor of the Church</i>	8.00 am Office of Readings & Morning Prayer (10.30 am Mass in Our Lady's School) 6.00 pm Exposition & Benediction 7.00 pm Mass	Leavers and In Thanksgiving Eric Casey
Saturday, 16 th July <i>Op. Mem. of Our Lady of Mt Carmel</i>	8.00 am Office of Readings & Morning Prayer Saturday Evening Vigil: 5.30 pm	The People of the Parish
Sunday, 17 th July Sixteenth Sunday in Ordinary Time	7.45 am Office of Readings & Morning Prayer (9.00 am Mass at Sacred Heart) 9.00 am Syro-Malabar Community Mass 11.00 am Mass (6.00 pm Mass at Sacred Heart)	Jim McGuire Danny Lyons (Anniversary) Forgotten Souls
Sacrament of Reconciliation: Friday, 6.00 – 6.45 pm		

Welcome to Our Lady Help of Christians for Mass today.

Please pray for the souls of Sr. Rose Cavanagh FMA, Bridget Cherry, Robert Jackson, Colin Mold, Duarte Coito, Fr. George Grynowski and all who have died recently, and all whose anniversaries occur at this time: Mgr. John Power, Canon Francis J. Grady, Frs. Brendan Donlon, Anthony Maguire, Seamus Hetherington, Gordon Hunter, John Molyneux, Plunkett Shannon, Edmund Whelan, Anthony John Burns, Brian Halton and Geoffrey Wamsley, CO, and Peter Lynch, Shirley Ann Milne and Catherine (Angie) Aveyard. Eternal rest grant unto them, O Lord. May they rest in peace. Sr. Rose's Requiem Mass will be here on Monday at 10.30 am.

If you wish to join us for Mass from your home, we are live and can be viewed at

<https://www.mcnmedia.tv/camera/our-lady-help-of-christians>

Here is a prayer, an **Act of Spiritual Communion**, which you can say as you watch a Livestream Mass: "My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You."

Our Lady Help of Christians Parish is part of the Archdiocese of Birmingham: Registered Charity Number: 234216

To see the Diocesan Privacy Notice go to <https://www.birminghamdiocese.org.uk/privacy-policy>

Prayer Before Mass:

God our Father, you sent Jesus, our High Priest, to redeem us and you willed that His saving work should continue through the ministry of priests. Enlighten us to celebrate this Sunday Mass with our priest, so that, empowered by the Word of life and the Eucharist, we may be strengthened by the Holy Spirit to live to the full our Christian calling. We ask this through the same Christ our Lord. Amen

Prayer at the end of Mass:

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! *Pray for us, O holy Mother of God*, that we may be made worthy of the promises of Christ.

Collection for 3rd July: £435.07; Gift Aid: £112.93. Thank you.

The Sanctuary Candle is burning this week for Jackie and Family.
The Sacred Heart Candle is burning this week for Sr. Rose Cavanagh FMA RIP.
Our Lady's Candle is burning this week for Lily Armstrong (Intentions).

Marriage. Please pray for Juvenilia and Joaquim Afonso Soares De Jesus Atunes who were married here in Our Lady's this weekend. May God bless them in their life together.

Prayers for the Sick. Please pray for Brenda O'Meara, Claudino Serra Vaz, Kevin and Hilary Kirby, Phil Bawden, David and all those we know who are sick.

Baptisms. This week we welcomed Aya into our family of the Church through the Sacrament of Baptism, and on Tuesday we shall do the same for Jayden. Please pray for them and for their families.

The Sower. The latest edition of the Diocesan newsletter, *The Sower*, is available as you leave the church today. Please take your free copy and enjoy news from around the Diocese.

Mill Hill Missionaries. Next weekend we welcome Fr. Brian Oswald from the Mill Hill Missionaries who do the Red Boxes. He wants to thank everyone for the support that you give and he will also be appealing for supporters to help the work of missionaries.

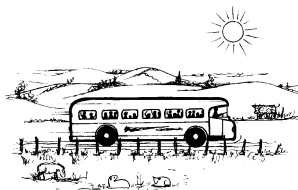
Diaconate Ordinations. Next Sunday afternoon I shall be at St. Chad's Cathedral in Birmingham for the Ordinations of Andrew Lansberry and Martin Casey as Permanent Deacons. Please pray for them and for their families.

Sea Sunday. Today is Sea Sunday, when we are asked to pray for seafarers. There will be a second collection at Masses this weekend for Stella Maris (the Apostleship of the Sea), the official maritime welfare agency of the Catholic Church. This collection is vital to enable Stella Maris to continue its work in helping seafarers in need with practical, spiritual, and emotional support, so please give as generously as you can. There are envelopes at the back of church for those who can gift aid their donation. Thank you.

Remember: refreshments are available after the Sunday and Tuesday Masses in the Don Bosco Centre. Come and have a chat with friends and make new ones.

A Message from the Youth service in the Diocese: LIFETEEN SUMMER CAMP 2022, 24th-28th July. Ten remaining places for Young People from our Archdiocese. Do you have your first week of the summer holidays planned? If not then please join us for 5 days of fun and activities where young Catholics gain formation and friendships. Stay in our beautiful castle! Home-cooked food, wild and crazy games. You can enjoy a day at Alton Towers, spend time biking and trekking, celebrate daily Mass and have the opportunity for reconciliation. This year we have archery, campfires and a surprise day trip to a secret location and so much more. An amazing opportunity for anyone aged 12-18 years! If you have any further questions and for prices and booking, please contact Beccy (beccy.roseman@kenelmouthtrust.org.uk).

Day of Prayer for Vocations at Sacred Heart Church, Monday, 11th July. There will be prayer and adoration of the Blessed Sacrament following the 9.15 am Mass until 1.00 pm. Everyone is welcome to call in to say a prayer for Vocations to the Priesthood, the Diaconate and the Religious Life.



Would you like to join the parishioners of Sacred Heart on a Parish Day Trip to Bournemouth on Tuesday 26th July?

Leave Sacred Heart at 10.00 am and we should be back to Sacred Heart by 8.15 pm. There is a sign-up sheet in the church porch if you would like to come.

Price: Adults £25, children £12.

Great fun for all the family.

Besides seven miles of sandy beaches for you to enjoy there are also plenty of places to visit, whatever the weather.

There are museums, galleries, amusement arcades, a climbing centre and beach-to-shore zip-wire, mini golf, play parks, and an oceanarium.

Tailpiece: A sign seen pinned to a tree said:
"No trespassers. Violators will be prosecuted to the fullest extent of the law. – Sisters of Mercy."

**May God bless you and all those whom you love.
Fr. Harry**