



Our Lady Help of Christians

Palm Sunday of the Passion of the Lord and Holy Week

10th April, 2022

Fr. Harry Curtis, Parish Priest
(Also serving Sacred Heart, Blackbird Leys)

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Sunday, 10 th April Fifth Sunday of Lent <i>Day of Prayer for the Candidates for the Sacraments</i>	Saturday Evening Vigil: 5.30 pm 7.45 am Office of Readings & Morning Prayer Sunday Morning: 11.00 am	Mabel (Intentions) Christine Butler
Monday, 11 th April	8.00 am Office of Readings & Morning Prayer (9.15 am Mass at Sacred Heart)	The People of the Parish
Tuesday, 12 th April	8.00 am Office of Readings & Morning Prayer 9.15 am Mass	Fr. Peter Dooley (Anniv.)
Wednesday, 13 th April	No Public Mass Today	Laurie Debono (1 st Anniv.)
Thursday, 14 th April Maundy Thursday	10.30 am-11.30 am Confessions 2.30 pm Requiem Mass	Martyn Spackman
THE EASTER TRIDUUM 7.00 pm MASS OF THE LORD'S SUPPER. Fr. Peter Brealey After Mass the Blessed Sacrament will be taken in procession from the main altar in the church to the Altar of Repose where there will be watching until 10.00 pm. <i>"Can you not watch with me one hour?"</i>		
Friday, 15 th April Good Friday Today is a day of fasting and abstinence.	10.00 am Office of Readings & Morning Prayer 12.00 noon Stations of the Cross 3.00 pm SOLEMN CELEBRATION OF THE LORD'S PASSION This is not a Mass, but a solemn celebration held at the time of Our Lord's death on the Cross.	
Saturday, 16 th April Holy Saturday	10.00 am Office of Readings & Morning Prayer 10.30 am-11.30 am Confessions Today we join Jesus in His "Sabbath Rest" in the tomb, until ... 8.00 pm THE EASTER VIGIL. Fr. Graham Forristalle	
Sunday, 17 th April Easter Sunday	7.45 am Office of Readings & Morning Prayer Sunday Morning: 11.00 am	The People of the Parish

Welcome to Our Lady Help of Christians for our celebration of Mass. Today we begin Holy Week.

Holy Week is the greatest week in the Church's year, so please take part as much as you can. *By taking part in the celebrations of the Liturgy we can enter into the events that happened about two thousand years ago. But we enter in, not as bystanders or casual observers but as believers, recognising our own part in what is unfolding, and also recognising the great things that God has done for us.* We can share with Jesus His triumphant entry into Jerusalem on Palm Sunday, His special celebration of the Passover with His disciples at the Last Supper and then His agony and betrayal in the Garden on Maundy Thursday, all the horrible events of Good Friday, His "Sabbath Rest" on Holy Saturday, and thus we can truly share in His Resurrection on Easter Sunday.

Collections for 3rd April: £474.18; Gift Aid: £92.00.

CAFOD Lent Fast Day and Ukraine Humanitarian Appeal: £10.00 (in total £730.62). Thank you.

Prayers for the Sick. Please pray for Brenda O'Meara, Claudino Serra Vaz, Janet Oakley, Filomeno Da Cruz Martins and all those we know who are sick.

If you wish to join us for Mass from your home, we are now live and can be viewed at

<https://www.mcmedia.tv/camera/our-lady-help-of-christians>

Here is a prayer, an **Act of Spiritual Communion**, which you can say as you watch a Livestream Mass:

“My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.”

The Sacred Heart Candle is burning this week for the People of Ukraine.

Our Lady’s Candle is burning this week for Sandra Cromey (Intentions).

St. Don Bosco’s Candle is burning this week for Fr. Peter Dooley SDB RIP (Anniversary).



Today is Palm Sunday, the start of Holy Week

Wednesday: The Chrism Mass. The Archbishop will celebrate the Chrism Mass at 11.30 on Wednesday morning in St. Chad’s Cathedral. The Chrism Mass is the occasion when the Holy Oils are blessed which are used for all Baptisms, Confirmations, Ordinations, and Anointings of the Sick in the diocese during the coming year. It is also the occasion when the priests of the diocese renew their commitment of service to God and the Church. Chrism Mass, live streamed from St Chad’s Cathedral | Birmingham Diocesan Trust (birminghamdiocese.org.uk)



Maundy Thursday: The Mass of the Lord’s Supper at 7.00 pm on Maundy Thursday evening is the end of Lent and the start of the Easter Triduum. At this Mass we celebrate the institution of the Sacraments of the Eucharist and the Priesthood.



Watching at the Altar of Repose. When the Mass of the Last Supper ends we shall go to the Altar of Repose and keep watch with Jesus, remembering His Agony in the Garden and His acceptance of His Father’s will.

Good Friday: On Good Friday there is no Mass, but at 3.00 pm in the afternoon there is a “Solemn Celebration” of the Passion of our Lord. There are four parts:



1. *The Introductory Rites*
2. *The Liturgy of the Word*
3. *The Veneration of the Cross*
4. *Holy Communion*

Holy Saturday: We do not celebrate Mass on Holy Saturday, the Lord’s Day of Rest in the tomb, but in the evening starting at 8.00 pm we begin our Easter celebrations with the Easter Vigil which is the greatest event in the Church’s year. There are four parts to the service

1. *The Service of Light*
2. *The Liturgy of the Word*
3. *The Liturgy of Baptism*
4. *The Liturgy of the Eucharist*



Please pray for the repose of the souls of Stephen Fontaine, Pat Markham, Martyn Spackman and all who have died recently, or whose anniversaries occur at this time: Canons Peter Jones and Bernard Hodgson, Frs. Kenneth Collins, Joseph Barr, Michael McManus, Wilfrid Sheeran, Walter Edwards, Peter Dooley and Anthony Browne, and also Thomas (Tom) Gaughan, Laurie Debono, Joseph Kelly. May they rest in peace.

The collection on Good Friday is for the Holy Places – i.e. for the upkeep of the sites in the Holy Land associated with the life of Our Lord.

Traditionally the collection at the Easter Masses is your personal offering to your priest. There are envelopes at the back of church to use if you wish. Thank you.

Cake sale. A big thank you to the Salesian Cooperators who did the cake sale last weekend, and to all of you who supported it. It raised £120 for the parish.

Welcome to Fr. Martin Flatman. I am very grateful to Fr. Martin who will help me with the services in Holy Week. He will be here at Our Lady’s on Thursday and Saturday, while I am at Sacred Heart. On Good Friday I shall be here and Fr. Martin will be at Sacred Heart.

Healing Heart Wounds Group: Are you struggling with grief? Do you have heart wounds that haven’t healed? Are you struggling to forgive someone who hurt you? Join a small group who will meet for four Sundays after the 11.00 am Mass. Using Scripture and best mental health principles, it will address spiritual and emotional wounds caused by war, violence, natural disasters, serious accidents, abuse, grief and loss.

Dates: April 24th, May 1st, May 8th, May 15th

Time: 12.00 noon-1.45pm

Led by Ariel Dempsey, MD. To register please RSVP to ariel.dempsey@theology.ox.ac.uk. There are 8 spaces available. Requires commitment to attend all 4 sessions.

Baptism. This weekend we welcome Cian Michael Conroy into the family of the Church through the Sacrament of Baptism. Please pray for him and for his family.

Diocesan Directories. The new directories are now available. Spiral-bound £4.50, normal binding £3.50.

May God bless you and all those whom you love.
Fr. Harry