



Our Lady Help of Christians

Solemnity of Christ the King

21st November, 2021

Fr. Harry Curtis, Parish Priest
(Also serving Sacred Heart, Blackbird Leys)

Parish Secretary: Geraldine Griffin

Safeguarding Officer: Elizabeth Moran, lizmoran276@yahoo.com
The Presbytery, 59 Hollow Way, Cowley, Oxford, OX4 2ND.
Telephone: 01865 770 910, Email: olhoc.oxford@rcaob.org.uk
Website: www.olhoccowley.co.uk

Sunday, 21 st November Solemnity of Christ the King <i>National Youth Sunday</i>	Saturday Evening Vigil: 5.30 pm 8.00 am Office of Readings & Morning Prayer Sunday Morning: 11.00 am	Fiona and Bridgit (Get Well) Holy Souls
Monday, 22 nd November <i>Memorial of St. Cecilia, Martyr</i>	8.00 am Office of Readings & Morning Prayer (9.15 am Mass at Sacred Heart)	Michael Cullen
Tuesday, 23 rd November <i>Op. Mem. of St. Clement I, Pope, Martyr, or St. Columban, Abbot</i>	7.30 am Office of Readings & Morning Prayer 6.00 pm Mass	John Edward Pill (55 th Anniversary)
Wednesday, 24 th November <i>Memorial of St. Andrew Dung-Lac & Companions, Martyrs</i>	No Public Mass Today	Denis Fitzgibbon (Anniversary)
Thursday, 25 th November <i>Op. Mem. of St. Catherine of Alexandria</i>	(7.00 pm Mass at Sacred Heart)	Private Intention
Friday, 26 th November	6.00 pm Exposition & Benediction 7.00 pm Mass	Rory McLaughlin
Saturday, 27 th November	8.00 am Office of Readings & Morning Prayer 11.00 am (Parish Mem. Mass at Sacred Heart) Saturday Evening Vigil: 5.30 pm	Deceased Parishioners Helen Towey (Birthday)
Sunday, 28 th November First Sunday of Advent	8.00 am Office of Readings & Morning Prayer Sunday Morning: 11.00 am	Deceased Benefactors of Our Lady's Parish
Sacrament of Reconciliation: Friday, 6.00 – 6.45 pm		

Welcome to Our Lady Help of Christians.

If you are here with us for the first time today, welcome. If you are returning to Mass after a period of time away because of the pandemic, welcome back! It is lovely to see you again today.

Collections for 7th November: £486.72; Gift Aid: £261.00. **Direct Debit Donations (October):** £1,412.00.
Johnson Association: £113.62. Thank you.

Solemnity of Christ the King. Today is the last Sunday of the Church's year and it brings to a climax the whole of the message of our salvation in Jesus by acknowledging Him as our Lord and King in every aspect of our life. It is especially a Day of Prayer for Young People. There will be a second collection for the Catholic Youth Services.

Please pray for James Brown and all those we know who are sick. And please pray for Sola Adewumi and Adedamola Falolu. If you would like your name to be included on the newsletter to be prayed for, please let me know.

Please pray for the repose of the souls of Katherine Raj, Domenico Mirto, Elizabeth Brennan, Sean Delaney, Sr. Patricia Millinson, Rory McLaughlin and all who have died recently or those whose anniversaries occur around this time: Archbishop John McIntyre, Canons Maurice Woulfe and Augustine Emery, Frs. Gerry Jackson, David Higham and Michael Connolly, Deacon Pat Linthwaite, and also Sr. Margaret Renshaw FMA, Grace Gingell, Sr. Kathleen Jones FMA, Sr. Mary Cairns FMA, Denis Fitzgibbon, Valerie Mostopher, John Edward Pill, and Francis (Frank) Piggott. Eternal rest grant unto them, O Lord. May they rest in peace.

If you wish to join us for Mass from your home, we are now live and can be viewed at

<https://www.mcnmedia.tv/camera/our-lady-help-of-christians>

Here is a prayer, an **Act of Spiritual Communion**, which you can say as you watch a Livestream Mass:

“My Jesus, I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.”

Prayer at the end of Mass:

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! *Pray for us, O holy Mother of God, that we may be made worthy of the promises of Christ.*

The Sanctuary Candle is burning this week in memory of Sr. Patricia Millinson RIP.

Our Lady’s Candle is burning this week for May Kirkby RIP.

St. Joseph’s Candle is burning this week for Laurie Debono RIP.

Honouring Sunday.

The Catholic Bishops of England and Wales have issued a statement about the importance of honouring Sunday. They have not reimposed the obligation to attend Mass on Sundays, but there is a strong request to reflect on your Sunday practices. “At this time, we recognise that for some people there may be certain factors which hinder attendance at Sunday Mass. The pandemic is clearly not over. The risk of infection is still present. For some, there is legitimate fear in gathering together. As your bishops, we recognise that these prevailing circumstances suggest that not everyone is yet in the position to fulfil the absolute duty to attend freely Sunday Mass. We now encourage all Catholics to look again at the patterns which they have formed in recent months with regard to going to Mass on Sundays. This would include consideration and reflection about what we might do on Sundays, such as sports or shopping, or other leisure and social activities. This review, and the decisions which arise from it, fall to every Catholic and we trust this will be done with honesty, motivated by a real love for the Lord whom we encounter in the Mass.” The full statement is available at the back of the church or at www.birminghamdiocese.org.uk/News/bishops-statement-honouring-sunday

Christmas Afternoon Tea. On Saturday, 4th December, at 3.00 pm, we shall have a little party in the Don Bosco Centre, to have some fun and raise funds for the church. Because of Covid we must set a limit to the number of people who can attend, so it is admission by ticket only. Tickets will be available after Mass, £5 each.



Missio Red Boxes. If you have a Red Box, please bring it in to be emptied by Sunday, 5th December. You can leave boxes in the Sacristy. Thank you.

Adsumus, Sancte Spiritus
We stand before You, Holy Spirit, as we gather together in Your name. With You alone to guide us, make Yourself at home in our hearts; Teach us the way we must go and how we are to pursue it. We are weak and sinful; do not let us promote disorder. Do not let ignorance lead us down the wrong path nor partiality influence our actions. Let us find in You our unity so that we may journey together to eternal life and not stray from the way of truth and what is right. All this we ask of You, who are at work in every place and time, in the communion of the Father and the Son, forever and ever. Amen.

The Advent *Walk With Me* booklet is now available for £1, with daily and Sunday reflections. There are also copies of the **Advent Day by Day** booklets (also £1) which have the readings used at Mass for each day of Advent.

Wanted!!

After Christmas we shall be starting the lessons to prepare children for Reconciliation, Holy Communion, and

Confirmation. But we need people who are willing to help them. If you would like to try this ministry, please talk to me about it. Training will be provided.

Message from CAFOD. “Like many women around the world, Garmah in Liberia had no legal rights to her home when her husband died. CAFOD worked with local experts to help her and now Garmah and her children live rightfully and happily together in their family home. ‘I feel safe, my children have a place to rest their head and I can make a garden to feed them and myself. God sent redeemers to fight for my land rights. I am overfilled with joy.’ **Thank you for your support** which enables hundreds of women like Garmah remain in their homes during times of struggle. Other examples of our work can be found in our World Gift catalogues or website worldgifts.cafod.org.uk Have a wonderful Christmas.”

Tailpiece: Dearly wishing for a child, a couple asked their priest to pray for them. “I’m going on sabbatical to Rome,” he replied. “I’ll light a candle in St. Peter’s for you.” When the priest returned two years later, he found the wife tending two sets of twins. Delighted, the priest asked where her husband was. “He’s gone to Rome,” came the harried reply, “to blow out that candle.”

May God bless you and all those you love.
Fr. Harry